

## VINEYARD WALK AND TRADITIONAL SNACK

### Alba and Langhe

### Code B 029

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A walk through the vineyards that characterize our hills, culminating in the traditional ‘*merenda sinoira*’ (from ‘sin-a’, the Piedmontese word for dinner). This cold snack was used by farming families to refuel after the early afternoon’s hard work and before starting work again in the evening. Today, ‘*merenda sinoira*’ is a pleasant tradition that keeps its roots in the past and can be enjoyed today just as it used to be

#### **Included:**

- a walk through a vineyard with the winemaker (in Italian)
- ‘*merenda sinoira*’ with Piedmontese delicacies
- tasting of 6 wines, including 3 types of Barolo
- visit to a cellar with a walkthrough of the wine-making process

Length: 3 hours

